



7th ISPAH Congress

15-17 October 2018, Queen Elizabeth II Centre, London, England

7th International Society for Physical Activity and Health Congress

Partner Briefing Paper

- The ISPAH Congress is the premier international congress on physical activity and health, bringing together over 1,000 leading academics, practitioners and policy makers.
- PHE, Sport England and ISPAH are hosting the 2018 Congress in London, 65 years on from the seminal 'London bus study', with foci of inequalities, evidence-based action to achieve population level change and links to wider societal priorities.
- The Congress will coincide with publication of the WHO Global Action Plan for Physical Activity and new national and international guidelines, providing a unique opportunity for partners to engage through symposia, satellite events, abstracts / presentations, exhibiting and sponsorship.

The ISPAH International Congress on Physical Activity and Health is the key global forum for physical activity and health. Originally conceived in Atlanta in 2006, the Congress has played a crucial role in building commitment and networks for advancing a global call for enhancing physical activity across life spectrums. This includes sports, transport, health, environment, education, culture, policy and economy. Every two years the congress brings together delegates from around the world, providing a platform for key stakeholders to engage in dialogues on key issues affecting the progress of global physical activity levels.

The ISPAH Congress is the primary international forum for academics, practitioners and policy makers on how national and local action to increase physical activity and reduce inactivity can improve health and reduce health inequalities. It typically attracts more than **1,000 delegates**, with previous congresses held in Thailand, Brazil, Australia, Canada, Holland and the USA. Historically the audience is primarily academics, however a key aim of the ISPAH 2018 Congress is to bridge the gap and attract greater representation from policy makers, practitioners and commissioners.

PHE are leading the congress, with Sport England and the International Society of Public Health (ISPAH) as organising partners. It takes place at the **Queen Elizabeth II Conference Centre, London** on Monday 15th to Wednesday 17th October 2018.

The 2018 congress will address the following **themes** through internationally acclaimed key-note speakers, symposium sessions and both oral and poster abstracts:

1. Addressing inequalities within and through physical activity
2. Evidence into practice to achieve population change
3. Physical activity and the wider determinants of health

In addition, the conference marks 65 years since Jerry Morris’s London Transport Workers study (i.e. the ‘London bus study’ considered the original, seminal study for physical activity and public health), so the conference will be a form of ‘homecoming’ for the sector.

The 2018 ISPAH Congress offers a unique opportunity to take stock and rejuvenate action on physical activity to improve health and reduce health inequalities across the globe. It’s an opportunity to share best practice and world leading policy and research from across the breadth of the physical activity and health sector.

Keynote speakers already confirmed include:

- Prof Dame Sally Davies (Chief Medical Officer for England)
- Prof Richard Wilkinson (Equality Trust founder, world expert on health inequalities and)
- Prof Ross Brownson (Washington University, leading expert on physical activity and societal benefits)
- Dr Fiona Bull – (World Health Organisation, Program Manager and lead on the Global Action Plan to Promote Physical Activity)

We would be extremely pleased for equally **ambitious world leading partners** to join the congress through such opportunities as submitting applications for symposium sessions, oral, case study and poster abstracts, exhibiting at the event or becoming one of our congress sponsors.

Join us to support our quest to help move forward the global action base and practical learning in physical activity. For more information on how to be a part of this event please contact ISPAH2018@phe.gov.uk or visit the congress website www.ispah2018.com.

Key Dates (* subject to change):

Abstract submission opens	1 September 2017
Symposium and satellite meeting application opens	1 September 2017
Booking opens	15 November 2017
Symposium and satellite meeting application closes	31 December 2017
Abstract submission closes	1 February 2018
Deadline for presenters to book	6 April 2018
Final date for early bird bookings	1 May 2018
Booking closes, subject to availability	15 September 2018

