

## Arthritis Research UK Centre for Sport, Exercise & Osteoarthritis

### New opportunity to join our Patient and Public Involvement (PPI) Advisory Group

The **Centre for Sport, Exercise & Osteoarthritis** aims to learn more about the development of osteoarthritis following sport and exercise injury, leading to improvements in prevention and treatments for the general public and sports professionals alike. The Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis is led by Nottingham University Hospitals NHS Trust in collaboration with Arthritis Research UK and a consortium of 7 Universities: Nottingham, Oxford, Southampton, Bath, Loughborough, Leeds and UCL. The Centre also works with experts from around the world.

#### Main Aim of the PPI Advisory Group

- To contribute to active and meaningful PPI in arthritis research

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#### Objectives of the PPI Advisory Group

- To support, guide and advise us on our research projects
- To help make sure that arthritis research is relevant and useful for patients and the public
- To help us share information and knowledge about arthritis research
- To improve the patient and public experience (both for study participants and for patients)
- To help us make sure that good quality information is available for patients and the public

#### Who are we looking for?

We would like to invite people with an interest in or experience of arthritis pain, osteoarthritis, injury, sport and/or research, to work with us in one or more of several different ways:

- Giving us advice, ideas and opinions about research
- Reading and commenting on research proposals & grant applications
- Reviewing and commenting on documents and other activities associated with the research (for example information leaflets or web pages)
- Being a member of a lay advisory group or steering committee
- Helping us to give out any information about our research and the results to the people who need to know
- Attending meetings with other patient/public members, research staff and healthcare professionals

Please note that if, for example, access to a computer or attending a meeting in person might be a problem for you, it would not rule you out of volunteering as there are many ways you could help. We can always try and support you to take part in the activities that interest you, even if you do not have any experience.

Please contact us by telephone: 0115 82 31411 or email: [centre-seoa@nottingham.ac.uk](mailto:centre-seoa@nottingham.ac.uk), if you would like to discuss this further.

<b>Confidentiality</b>	It is important that people involved in our research understand the need for confidentiality and you may be asked to sign a Confidentiality Disclaimer.
<b>Time commitment</b>	This is a voluntary post, so it is entirely up to you how much time and commitment you give to this role. You would be able to withdraw from involvement at any time, should you wish to.
<b>Support</b>	You will get support from dedicated Patient and Public Involvement staff and research staff, as necessary.
<b>Expenses</b>	All reasonable travel expenses and costs will be paid where receipts are produced. Telephone calls and stationery would also be reimbursed if necessary. For more information, please contact the PPI/E Facilitator



Some of our PPI representatives talking with sports ambassadors and research staff



You don't have to come to meetings – you can tell us what you think by post or email!

## Expression of Interest Form: Arthritis Research UK Centre for Sport, Exercise & Osteoarthritis

If you are interested in helping us to plan and prepare our research, then please complete this form and forward it to us by email or post (details at the end of the form).

For office use only	
Date submitted	

Applicant's details

Title	
Surname	
Forename	
House/Street	
Town/City	
Post code	
Email address	
Telephone	
Mobile	
How would you like us to contact you?	

\* We would like to keep your details on record, so that we can contact you about being involved in our research

Please tell us which of the following statements applies to you by ticking the relevant box:

**I am happy for my details to be kept on your database**

**I am not happy for my details to be kept on your database**

\* If you are not happy for your details to be kept on a database, we will not be able to contact you and we will destroy all paperwork that includes your details

If you do agree that we can keep your details on record, these will be kept confidential and will not be shared with any third parties

Please answer the following questions so we can learn more about you:

Yes

No

Do you have access to email and the Internet?

Can you use Microsoft Office Word?

Are you happy to attend meetings, if necessary?

Are you happy to speak in public, if necessary?

Are you happy to take part in telephone meetings, if necessary?

**In the box below, please tell us about any other experience or skills you might have that could help us with our research** - you may have taken part in some research, something about your work, home life or education may be important, or you might simply be interested in getting involved!

**Please also let us know any circumstances that we should consider** – e.g. unable to travel, caring responsibilities, difficulties with some forms of communication, times that are best for you etc.

Please continue on a separate sheet if necessary

How would you like to help us?

**Please tell us below which PPI activities you would like to do** (you can tick more than one)

Helping to manage and design research projects

Attending meetings and focus groups with other PPI volunteers and research staff

Reviewing and developing questionnaires

Reviewing and developing information documents, leaflets, posters and reports

Developing ways that participants can give their consent to take part in our research

Helping us to think about how to get people to take part in our research

Giving comments and opinions on research and related activities

Helping us with research interviews, talking to patients

Telling people what is happening with our research and developing ways of doing this

**Please tell us how you heard about this PPI opportunity**

**Please forward your completed form to us by email or post (see below)**

**Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis**

Email: [centre-seoa@nottingham.ac.uk](mailto:centre-seoa@nottingham.ac.uk)

Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis

C floor West block

Queen's Medical Centre

Derby Road

Nottingham

NG7 2UH

Telephone: +44 (0) 115 8231411

Website: [www.sportsarthritisresearchuk.org](http://www.sportsarthritisresearchuk.org)

**Many thanks for completing this form**

NOTTINGHAM UNIVERSITY HOSPITALS – NOTTINGHAM – OXFORD – LOUGHBOROUGH – SOUTHAMPTON – BATH – LEEDS - UNIVERSITY COLLEGE LONDON