

**Anthony Beutler, MD**  
**Lieutenant Colonel, United States Air Force, Medical Corps**

**Associate Professor, Department of Family Medicine**  
**Program Director, NCC Tri-Service Sports Med Fellowship**  
**Executive Cte, Consortium for Health & Military Performance**

Dr. Beutler is a faculty member in the Department of Family Medicine and the medical director of the USU Injury Prevention Research Laboratory (don't let the "director" title fool you: he's the only sports doc there, so of course he's the director!) He enjoys basketball, bike-riding, and writing IRB proposals while jabbing sharp sticks into his eyes in his spare time.



### **Education and Research**

Dr. Beutler is an acclaimed international educator and researcher in sports medicine and musculoskeletal injury prevention. He directs the Tri-service military sports medicine fellowship in Washington DC and is the educational director for 8-10 sports medicine fellows in the Washington DC Regional Sports Medicine Collaboration each year. As a member of the JUMP-ACL Partnership and of the CHAMP Consortiums, his study teams have received multiple national grants and awards for their ground-breaking work in injury prevention and injury prediction, both in military and civilian populations. Lt Col Beutler has authored numerous peer-reviewed publications, edited a sports medicine textbook, and successfully evoked deep slumber and copious drool from unsuspecting lecture attendees around the world.

### **Executive Leadership**

Lt Col Beutler is on the executive committee for multiple national and military organizations dedicated to improving the health and safety of military and civilian populations. As an executive committee member of the Consortium for Health and Military Performance (CHAMP) at USU, Dr. Beutler works to translate scientific knowledge into policies and clinical practice that optimize physical resilience in military warfighters.

### **Background and Personal Data**

Dr. Beutler was born in Lafayette, Indiana. His Hoosier birthright proving insufficient to overcome his congenital lack of athletic talent--he was forced to seek gainful employment outside the NBA. He pursued his Family Practice residency at Travis, AFB and completed his Sports Medicine Fellowship at the Uniformed Services University and U.S. Naval Academy. Due to circumstances largely beyond his control, he received his M.D. from Duke University and is an active member of the AOA. Upon arriving home he transforms into a large plaything for his five young children and volunteers as a team physician for the U.S. Naval Academy.

### **Research Interests**

ACL Injury mechanisms, musculoskeletal injury mechanisms, post-traumatic arthritis, musculoskeletal education, sudden death in athletes, and exercise as a treatment for anything