

Professor Suzanne McDonough

Professor Suzanne McDonough is a Professor and Head of RCSI School of Physiotherapy, holds a professorial appointment at Ulster University UK, is an honorary Professor at the University of Otago, NZ, and a visiting Professor with the University of Southampton, UK.

Suzanne has expertise in the development and evaluation of rehabilitation interventions in clinical populations with movement challenges (e.g. due to pain, neurological injury, ageing etc.). She has two main areas of interest 1. The use of technology to enhance rehabilitation adherence and 2. The use of physical activity to manage clinical conditions and improve lifelong health of clinical populations. Suzanne has a track record in the conduct of clinical trials using pedometers/wearables to promote physical activity and reduce sedentary behaviour e.g. low back pain, respiratory disease, stroke, mental health, cancer and older adults. She has used behaviour change theory (COM-B and TDF) to design interventions, and to understand intervention characteristics in systematic reviews. Given the breadth of clinical areas that Suzanne has worked in she is interested in how we best manage people with multi-morbid conditions. She has published widely in her area of expertise (over 100 papers; H-index>35), presented at international conferences; and has obtained funding from a variety of national and international sources.