

Thomas Bestwick-Stevenson

PhD Student

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Tom graduated from Staffordshire University with a BSc (Hons) in Sport and Exercise Sciences and Nottingham Trent University with an MRes in Exercise Physiology.

Tom has previously worked at the Centre for Sport, Exercise and Osteoarthritis Research Versus Arthritis as a Research Fellow. During which he mainly worked on a systematic review that examined the association of differing sports with osteoarthritis.

Tom is currently a PhD student with in Centre for Sport, Exercise and Osteoarthritis Research Versus Arthritis. His research examines risk factors associated with significant ankle ligament injuries.

