

Dr Julia Newton MBChB(Hons), DPhil, DipSEM(Dist), FRCP, FFSEM

- **Consultant in Rheumatology/Sport and Exercise Medicine, Oxford University Hospitals NHS Trust**
- **Clinical Lead for Rheumatology**
- **Senior Clinical Research Fellow**
- **Senior Sports Physician, English Institute of Sport**
- **Deputy Head of School of Medicine, Heath Education England - Thames Valley**
- **SAC Chair, Sport and Exercise Medicine**



Centre Partner Institution - University of Oxford

Dr Newton was appointed as a consultant in Rheumatology/Sport and Exercise Medicine (SEM) at the Oxford University Foundation Hospitals Trust in 2006 and as a sports physician for the English Institute of Sport in 2007, looking after elite athletes in a multi-sport environment.

She graduated from Manchester medical school in 1994 with honours. She was awarded an ARUK Clinical Fellowship in 1999 and completed her DPhil (Oxford) in 2002. She completed a Diploma in Sport and Exercise Medicine (UCL) in 2005.

Dr Newton is clinical lead for the Rheumatology/SEM department in Oxford. She developed the Oxford Deanery Specialist Training Program in SEM and has been the training program director since its inception in 2008. Dr Newton is currently the Chair for the Specialty Advisory Committee in SEM and Deputy Head of School of Medicine in Thames Valley.

Dr Newton's clinical and research areas of interest include bone health and physical activity, vitamin D, bone marrow oedema syndromes, osteoarthritis, bone stress and adolescent and female athlete related problems and she is PI on The Jockey Study.

<https://www.ndorms.ox.ac.uk/team/julia-newton>