

Prof. Catherine Bowen PhD CSci FCPodM FFPM RCPS(Glasg)

- **Professor in Podiatry**
- **NIHR ARC Wessex Academic Career Development Lead**
- **NIHR Senior Investigator**
- **Head of the School of Health Sciences Active Living Research Group**



Centre Partner Institution - University of Southampton

Catherine's research focusses on optimisation of foot and ankle health for active living through which she integrates education and workforce capacity building. Catherine completed her PhD on the developments of musculoskeletal ultrasound imaging techniques applied to the foot and ankle in 2009. She was the first to identify ultrasound imaging as an additional skill that could be used reliably by podiatrists, particularly those working in musculoskeletal health. Since then, Catherine has pioneered and driven the clinical uptake of ultrasound imaging now used worldwide to expand expertise in foot and ankle musculoskeletal services.

Catherine has amassed extensive experience in leading strategic multi-professional and interdisciplinary research teams with a core focus on investigation of musculoskeletal foot and ankle pathology to produce clinically useful optimal models for management of foot health needs. In 2020 Catherine was appointed Adjunct Professor within the School of Clinical Sciences, Faculty of Health and Environmental Sciences, Auckland University of Technology, New Zealand and Adjunct Professor within the Faculty of Health at the Queensland University of Technology, Australia to further develop the global reach and significance of the collaborative work.

Throughout her career, Catherine has championed the development of allied health and nurse research clinical academic careers through leadership of national internship schemes, NIHR MRes, PhD and post-doctoral awards. In recognition of her work, Catherine received a National Institute for Health Senior Investigator award (2022) and a career development research fellowship (2015-2019), a prestigious meritorious award from the UK Royal College of Podiatry (2014) and became the first podiatrist to receive a Chartered Scientist Award (2014). Catherine has been elected to a number of prestigious positions including as a Fellow of the Higher Education Academy; a Fellow of the College of Podiatry and a Fellow of the Faculty of Podiatric Medicine Royal College of Physicians and Surgeons of Glasgow. In 2019, Catherine was appointed Editor in Chief to the Journal of Foot and Ankle Research and Chair of the OARSI Foot and Ankle OA consortium/discussion group.

<https://www.southampton.ac.uk/healthsciences/about/staff/cjb5.page>