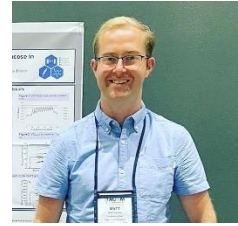


**Mr Matthew Farrow, MSci**

**University of Bath**



Matt graduated from the University of Bath with first class honours in Sport & Exercise Science MSci in 2017. He then completed a PhD studentship at Bath investigating the effect of high-intensity exercise on physiological health outcomes in individuals with a spinal cord injury. His current role as a Research Associate will involve running a randomised controlled trial to assess the effect of energy restriction and exercise on pain, function and inflammation in patients with knee osteoarthritis.

Matt's research interests include exercise physiology and metabolism, and exercise interventions for individuals with a physical disability, including osteoarthritis.