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Proposed Project Title:

The incidence of knee pain and multimorbidity in male retired professional footballers in the United Kingdom

Supervisors(s):

Prof. Weiya Zhang (Principal supervisor)

Prof. Michael Doherty (co-supervisor)

Dr Michelle Hall (co-supervisor)

Dr Subhashisa Swain (co-supervisor)

Monirah graduated from Kuwait University in Physiotherapy in 2015 with GPA: 3.11. After graduation she worked in specialised orthopedics and rehabilitation hospital in Kuwait for 3 years.

Monirah was awarded MSc Advance Neuromusculoskeletal practice with Distinction (Dec. 2020) in Physiotherapy at the University of Nottingham. Then, she started a PhD studentship in the Academic Rheumatology at the University of Nottingham in February 2021. Her project aims to examine the incidence of knee pain and multimorbidity in male ex-professional footballers compared to age matched men in the general population.

Objectives

1. To systematically review the observational studies of multimorbidity in footballers.
2. To examine the incidence of knee pain and multimorbidity in professional footballers and general population male controls between 2014 and 2021.
3. To examine the temporal association between knee pain and multimorbidity (and specific comorbidity such as dementia).
4. To examine the proportional risk contribution of the collected risk factors to multimorbidity.