

Dr Richard Wilkins

NIHR funded Research Fellow

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Richard Wilkins is a clinical academic podiatrist based at the University of Leeds and Leeds Teaching Hospitals NHS Trust. Richard was awarded a national institute for health research (NIHR), health education England clinical doctoral research fellowship titled "Ankle haemarthrosis and haemarthropathy in haemophilia A and B" which explored the prevalence and impact of blood induced ankle arthritis in haemophilia and biomechanical mechanism of a combined footwear and foot orthoses intervention. Richard was awarded his PhD in 2021 and is a current NIHR development skills enhancement award holder undertaking training in clinical trials and complex interventions with a focus on ankle joint disease. Richards clinical and research interests are focused on early ankle joint injury, ankle joint disease, blood induced ankle arthritis, haemophilia, lower limb biomechanics, musculoskeletal diagnostic ultrasound, complex interventions and the management of musculoskeletal disease in the foot and ankle.